

# THE HEART REVIVAL | YOGA, MEDITATION & MINDFULNESS CONSULTING

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## REGISTRATION, AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

I hereby assume all the risks of participating in exercise activities with The Heart Revival, LLC.

- I certify that I have sufficiently prepared or trained for all activities in which I will participate, and that I have not been advised by a medical professional to not participate in such activities.
- I am aware that I am responsible for consulting a physician prior to and regarding participation of classes with The Heart Revival at another facility.
- I agree to inform the instructor of injuries, surgeries and other physical limitations before class.

I for myself and my executors, administrators, heirs, next of kin, successors and assigns agree as follows:

1. I waive, release and discharge The Heart Revival owner Megan Vetting, as well as her affiliates, partners, instructors, volunteers and agents from any and all liability, including but not limited to liability arising from the negligence or fault of released parties, for my death, disability, personal injury, property damage or theft, the actions of any kind which may hereafter occur to me during participation in exercise.
2. I indemnify, hold harmless and promise not to sue the released parties from any and all liabilities or claims made as a result or participating in exercise activities whether activities caused negligence or not.
3. I hereby consent to receive medical treatment which may be deemed advisable in the event of injury, accident and/or illness during my participation in the exercise activity.

I certify that I have read this document and I fully understand its content. I am aware that this is a release of liability and a contract, and I sign it of my own free will.

Name:

Address:

Phone:

Email Address:

Physical Ailments/Injuries/Limitations:

Emergency Contact Name & Number:

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_